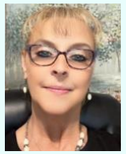
A Message from the Executive Director



Tammy Nash

Executive Director

As we continue our focus on overall wellness, this month we are highlighting Emotional Wellness. Emotional wellness is an essential part of living a balanced fulfilling life. Emotional wellness is about understanding and managing our feelings, coping effectively with stress, and finding moments of joy and connection each day. While we cannot always control what happens around us, we can learn healthy ways to respond and care for our emotional wellbeing.

At The Garnet of Casa Grande, emotional wellness is supported through meaningful relationships, engaging activities, and opportunities for self-expression. Whether it's enjoying music, participating in movement or dance, talking with friends, or simply time to do a puzzle, these moments help reduce stress. We encourage residents to explore activities that bring them happiness and comfort, as even small moments of joy can have a powerful impact.

Our goal is to create an environment where residents feel supported, valued and connected. By prioritizing emotional wellness alongside physical and social health, we help foster resilience, positivity, and purpose. Thank you to our residents, families, and staff for helping make The Garnet a place where emotional well-being truly matters.

Garnet's Gem of the Month



Madilynn Estrada, Caregiver

Madi is our Garnet Gem of the Month! Madi has been with us for six months and has always had a caregiver's heart. Helping care for her family, especially her Abuela, inspired her to pursue her role at the Garnet.

Madi brings compassion, kindness, and dedication to her work every day, making a meaningful difference for those around her. Outside of work, she is a proud dog mom to her 5-year-old Great Dane, enjoys working out, car shows, and loves anything related to nature and the outdoors.

We are so grateful to have Madi as part of The Garnet team!

Silver Star Resident



Elmer Ginther

Elmer was born in Joliet, Illinois and grew up in Tinley Park. He graduated from college with degrees in research and engineering and went on to make meaningful contributions in his field, including helping with the development of the two-piece aluminum can. Elmer is a proud father of two children, a son and a daughter, and honorably served in the Army for over two years.

Later in life, Elmer married his wife, Jean, and together they have shared 40 wonderful years of marriage. Elmer says Jean has been a true blessing in his life and credits her for bringing out the best in him. Elmer enjoys hunting, fishing, wood carving, golf, sports and ping pong. He also appreciates the opportunity to make new friends here at The Garnet! We are so glad to recognize Elmer as our Silver Star Resident this Month!

February 2026

The Garnet of Casa Grande

510 E. 8th St. Casa Grande, AZ 85122 | (520) 876-4200



Celebrating February Birthdays

2/10 Tammy Lamb
2/13 Emmett Murrell
2/27 Judy Chaffin

Welcome New Residents

Renee Lipton #106

Thomas "Tom" Erickson #117

Brigitte Phillips #234

Special Valentine's Day Edition

THE GARNET OF CASA GRANDE
ASSISTED LIVING

Chasing Winter Glory

The 2026 Winter Olympics are headed to the stunning landscapes of northern Italy, bringing together athletes and fans for a celebration of winter sports, culture, and camaraderie. Set across Milan and Cortina d'Ampezzo, the Games promise a picturesque backdrop of snow-capped Dolomite peaks, charming Alpine villages, and historic cities bursting with Italian flair. Visitors can expect not only thrilling competitions but also the chance to savor local traditions—from hearty mountain cheeses and cured meats to rich pastries and steaming bowls of polenta. Northern Italy's cuisine, hospitality, and vibrant markets offer a unique flavor to the global event, making the Olympics more than just an athletic spectacle.

At the heart of the Games are the timeless Olympic values: teamwork, perseverance, and friendly rivalry. Whether athletes are coordinating flawless relay passes on the ice, supporting teammates in grueling downhill runs, or striving to shave precious seconds off their times, the Olympics showcase how dedication and collaboration turn individual effort into shared achievement. Even the competition itself, while intense, is framed by respect and admiration, highlighting the joy of challenging oneself and connecting with others from around the world.

For winter sports enthusiasts, the 2026 Olympics also carry a strong sense of nostalgia. Fans will relive the thrill of skiing down glittering slopes, the elegance of figure skating routines, and the exhilaration of sledding through icy tracks. From alpine skiing and snowboarding to speed skating and bobsled, the Games celebrate the full spectrum of winter sports, each steeped in history and tradition.

The Milan-Cortina Olympics offer a rare combination: breathtaking scenery, rich cultural experiences, and the universal language of sport. As nations gather to compete, cheer, and share in this global festival, the event promises to leave lasting memories for athletes and spectators alike. Whether you're drawn by the chance to witness record-breaking performances or simply to enjoy the snowy landscapes and Italian charm, the 2026 Winter Olympics are shaping up to be a spectacular, heartwarming celebration of skill, spirit, and wintertime joy.

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Rummy 12:30 Movie Time 2:30 Church at Garnet 5:30 Valentine's Coloring Pages 6:30 Indep. Sudoku	**2** 10:00 Quarter Bingo 12:30 Outing: Nail Salon 1:00 Indep. Canasta 3:00 Puzzles 5:30 Movie Time 6:30 Indep. Ping Pong	**3** 10:00 Skyjo 1:00 Afternoon Work Out- 1/2 Hour 2:30 Social Hour 5:30 Movie Time 6:30 Indep. Dominoes	**4** 10:00 Dominoes 12:00 Casino Trip 1:00 Pokeno 2:00 Concentration 5:30 Movie Time 6:30 Mini Golf	**5** 10:00 Wii Bowling 1:00 Brain Teasers 1:30 Mexican Train 3:00 Puzzles 5:30 Movie Time 6:30 Indep. Rummy	**6** 10:00 Yahtzee 1:00 Pretty Nails 1:30 Canasta 3:00 Afternoon Walk 5:30 Movie Time 6:30 Indep. Mexican Train	**7** 10:00 Quarter Bingo 1:00 Mexican Train 2:00 Wii Games 3:00 Residents Choice 5:30 Movie Time 6:30 Puzzles
8 10:00 Pokeno 12:30 Movie Time 2:30 Church at Garnet 5:30 Mini Golf 6:30 Billiards	**9** 10:00 Quarter Bingo 12:30 Outing: Creative Café 1:00 Indep. Rummikub 3:00 Ping Pong 5:30 Movie Time 6:30 Puzzles	**10** 10:00 Dominoes 1:00 Chair Yoga 2:30 Social Hour-*Music* Desert Melodies 5:30 Movie Time 6:30 Mini Golf	**11** 10:00 Pokeno 1:00 Skyjo 2:30 Presentation: Desiree from Agape 5:30 Movie Time 6:30 Puzzles	**12** 10:00 Rummy 1:00 SkipBo Cards 2:30 Presentation: Bingo with Estrella- Mosaic 4:00 Dinner & Music 5:00 Movie Time 6:30 Indep. Dominoes	**13** 10:00 Ping Pong 1:00 Pretty Nails 2:00 Valentine's Day Party- George Hickman 5:30 Movie Time 6:30 Checkers	**14** 10:00 Quarter Bingo 1:30 Craft 2:30 SkipBo Cards 5:30 Movie Time 6:30 Indep. Uno **VALENTINE'S DAY**
15 10:00 Rummikub 12:30 Movie Time 2:30 Church at Garnet 5:30 Billiards 6:30 Word Searches	**16** 10:00 Quarter Bingo 12:30 Outing: 5 Below 1:00 Indep. SkipBo 2:30 Resident's Choice 5:30 Movie Time 6:30 Checkers **PRESIDENT'S DAY**	**17** 10:00 Rummy 1:30 Resident Council 2:30 Social Hour- Resident Birthday Party 5:30 Movie Time 6:30 Mini Golf	**18** 8:30 Coffee & Chat 10:00 Yahtzee 1:00 Dominoes 2:30 SkipBo Cards 5:30 Movie Time 6:30 Indep. Billiards	**19** 10:00 Phase 10 1:00 Rummikub 2:30 Concentration 5:30 Movie Time 6:30 Puzzles	**20** 10:00 Skyjo 1:00 Pretty Nails 2:00 Chair Volleyball 5:30 Movie Time 6:30 Indep. Ping Pong	**21** 10:00 Quarter Bingo 1:00 Craft 2:00 Wii Games 3:00 Residents Choice 5:30 Movie Time 6:30 Mini Golf
22 10:00 SkipBo 12:30 Movie Time 2:30 Church at Garnet 5:30 Mini Golf 6:30 Checkers	**23** 10:00 Quarter Bingo 1:00 Mexican Train 2:00 Presentation: w/ Shawn from HOW 3:00 Puzzles 5:30 Movie Time 6:30 Indep. SkipBo	**24** 10:00 Pokeno 12:00 8 Dimensions of Wellness: Emotional 1:00 SkipBo-Bar Area 2:30 Social Hour- *Music* Ruan Hooks 5:30 Movie Time	**25** 10:00 Dominoes 1:00 SkipBo Cards 2:30 Rummy 5:30 Movie Time 6:30 Indep. Mini Golf	**26** 10:00 5 Crowns 1:00 Presentation: Education & Health Chat w/ Erin from Angel Care 2:00 Rummikub 5:30 Movie Time 6:30 Checkers	**27** 10:00 Rummy 1:00 Pretty Nails 1:30 Canasta Cards 5:30 Movie Time 6:30 Puzzles	**28** 10:00 Quarter Bingo 1:00 Rummikub 2:00 Wii Games 3:00 Resident Choice 5:30 Movie Time 6:30 Word Search

Activity Outings
Live Entertainment
Marketing Events
Bus Outings

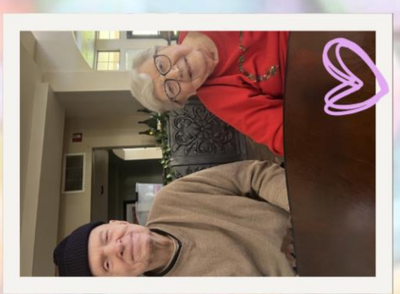
COLOR KEY
CONNECT
CONTRIBUTE
FEEL
GROW
MOVE
REFLECT

All Events are Subject to Change

Garnet's Cupid Couples

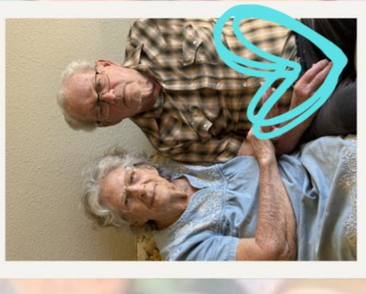
THE BANWARTS
A Love Story That Began At A Wedding...

PAUL AND EMMY MET AT PAUL'S BROTHER'S WEDDING AND HAVE NOW SHARED 63 BEAUTIFUL YEARS OF MARRIAGE. TOGETHER THEY RAISED 3 CHILDREN, TWO SONS AND ONE DAUGHTER. THEIR SECRET? HAVE FAITH IN ONE ANOTHER, GOD, AND BEING BEST FRIENDS THROUGH IT ALL.



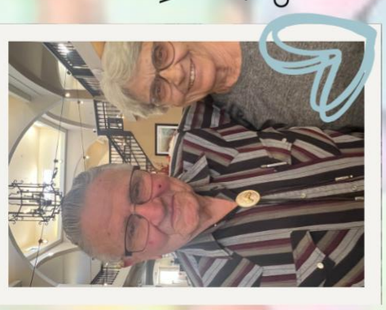
THE GUTCHERS
A Love Story That Began In The Hospital

DUANE AND HENDRINE'S LOVE STORY BEGAN AT THE HOSPITAL, WHERE HENDRINE CARED FOR OTHERS AS A NURSE AND DUANE AS AN X-RAY TECHNICIAN. MARRIED FOR 55 YEARS, THEY BELIEVE TRUE LOVE IS BUILT BY CONTRIBUTING TO ONE ANOTHER AND CREATING BALANCE THROUGH UNWAVERING MUTUAL SUPPORT.



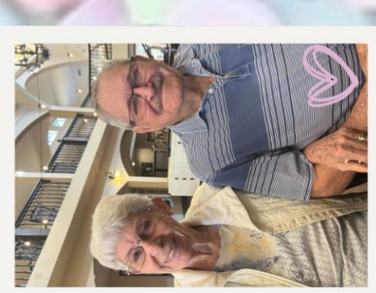
THE SMARTS
An Instant Spark That Turned Into A Love Story...

BILL AND JODEE MET WHILE SQUARE DANCING WHERE BILL WAS INSTANTLY TAKEN BACK BY HOW BEAUTIFUL JODEE WAS. 54 YEARS AND FIVE CHILDREN AND BELIEVE THE KEY TO A HAPPY MARRIAGE IS COMMUNICATION, ADMIRATION AND ALWAYS TALKING THINGS OUT.



THE MCSHERRYS
A Friendship That Blossomed Into A Love Story...

DAWN WAS DANCING WITH A FRIEND WHEN EUGENE CUT IN FOR A DANCE THAT WOULD CHANGE EVERYTHING. THROUGH YEARS OF WRITING WHILE EUGENE SERVED IN THE NAVY, DAWN AND EUGENE BUILT A BOND THAT HAS LASTED 64 YEARS OF MARRIAGE. THEIR SECRET IS TO COMPROMISE ALONG WITH HAVING SIMILAR INTERESTS



THE CURRIES
A Love Story That Proves With Faith Anything Can Happen

JANICE AND MILTON MET AT CHURCH WHERE JANICE DEVELOPED A CRUSH ON MILTON. AFTER MILTON FINISHED HIS BASIC TRAINING, THE TWO WERE MARRIED. NOW CELEBRATING 72 YEARS OF MARRIAGE, THEY RAISED FOUR SONS AND 1 DAUGHTER TOGETHER. THEY CREDIT THEIR SHARED FAITH AS THE FOUNDATION OF THEIR LONG-LASTING MARRIAGE.

